



Greetings and News! Fall 2012

I would like to announce the sale of the last hard copies of my book.

Homeopathy: A Manual For Mothers.

I will no longer be making the hard copy available so now is the time to purchase the book for new moms, pregnant moms, baby showers, Christmas gifts etc. In the future, I will be offering the book from my website only in E-Book format for purchase and download. If you are anything like me, some of you will prefer to have the hard copy to leaf through when searching for remedies for your children. So up until Christmas, I will be selling the book as it is from my website, then the change will be made to convert it to e-format. If you know anyone who would appreciate having one of the last hard copies of the book, then you can either purchase it on my website or see me in the office.

IN GRATITUDE

I would like to thank all of you who regularly send me kind notes in appreciation of care given. Nothing gives me more pleasure than seeing my clients feel better. Life can be really overwhelming at times and it helps to have someone to talk to about the trials and tribulations that come up. In this way, we homeopaths are a little like psychologists. We are trained to see through the masks, the self-protective covers, the hidden shames, the unacknowledged emotions etc. We are all the same; at one time or another we all feel like we have been hit with a two-by-four by life. We are all in need of love and support, we all need to feel secure.

It is my pleasure to walk with you through these trials. Think of homeopaths as sounding boards for all that ails us. Clients tell me that the process of having their case taken and talking with me about their worries and health issues, is very cathartic and they always feel better afterward, even before taking the recommended remedy. The admiration I have for homeopathy is its ability to reach the deepest mental and emotional ailments. Because of this, the physical ailments that cause people to seek out help are treated in the terrain of each person's personality. That is the essence of this science.

THE ART OF CURE

After a client comes for the initial homeopathic consultation, they come back regularly for reassessments and changes of prescriptions until cure is reached. The process of being treated by a Homeopath can be interrupted by illness like a cold or flu and can necessitate using different remedies to treat the acute illness (flu etc) before resuming treatment of the initial presenting problem. I treat the acute illnesses that come up by phone consult and with no fee. I see this as part of the main problem and therefore part of the first consult fee.

The aim is cure, not simply help for today. How many of you have gone to family doctors only to receive painkillers, anti-depressants, anti-anxiety drugs or antibiotics which do nothing to prevent the return of the same problem again and again? These recurring issues are often treatable using homeopathy, and treatment is designed to prevent their return permanently. Even for those

conditions that are very far advanced, we can advise remedies to deal with symptoms and improve daily lives. So to go as deep as homeopathy needs to go, it requires vigilance in attending appointments on the part of clients. For permanent cure, you need to have deeper treatment, after using the other drugs.

PAYING FOR OUR HEALTHCARE?

Many clients ask how long must they undergo treatment, how long will it take before they are well? Each person heals in their own body's time according to how many other meds they take, how young they are, how energetic they feel. Children especially react quickly when treated for acute illnesses, often after taking only one or two doses of the remedy selected.

We think of it as a necessity to pay regularly for dental visits, vet visits for pets, mechanic visits for our cars, monthly fees for all movies we want to watch etc. It is wise to budget for our family's health needs. Women especially juggle the needs of the family with work and need to take care of themselves for the hearth to thrive. Yet they are often the last to do this. Come by and let's talk.

FLU SEASON

There are many flu prevention remedies available in homeopathy. Now is time for a thorough consult to prepare for the season ahead.

THE HOMEOPATHY CLINIC

1462 Hurontario Street, Mississauga (two blocks south of QEW, at Indian Valley Trail)
By appointment only: call 905-278-0778