

# *A Novel Idea - Find a Healthier Path*

*“Homeopathy is a healthier, safer and more efficient form of medical treatment than a system whose drugs regularly post side-effects on television so people will knowingly take these drugs under advisement.”*

In these days of modern medicine there is an expectation of quick cover-up of anything unpleasant. There are Advil and Tylenol tablets to grab as soon as the headache comes, there are antihistamines for quick relief of hayfever. These things are good in the sense that we can quickly get back to our lives, go to work and forge onward in whatever activity we want. But to what end if it keeps reoccurring? If there is a rash on our skin, we grab cortisone ointments to get rid of it. If we have grey hair, we lighten it, or just regular hair we highlight it. We can change our eye colour with new lenses. **In short, we live in an impatient age and an age of quick fix improvements.**

When a patient comes to me with a chronic problem, I explain that *homeopathy causes the body to heal at its own speed*. In acute disorders, it is expected that the condition will quickly go away with treatment, but in chronic disorders, **patience is required**. It is as if the body, once used to a condition, holds onto it and is slow to give it up. After all, whatever the chronic disease, it is a bodily compensation for something else that is not functioning correctly, even if inherited. Arthritis does not exist without a prior disposition and in those who get the disease, they are predisposed to express disease in that particular way. **Remember that the body throws off to the periphery to protect the more vital organs.** While a feeling of urgency and impatience is normal after long suffering, it is totally unrealistic in chronic conditions being treated under homeopathic medicine to expect that one visit and a couple of doses of medicine will eliminate the

problems. There is a need for ongoing reassessment, changes of medicines if appropriate and continuing vigilance on the part of the homeopath.

The speed of improvement varies considerably from patient to patient, even with the perfect choice of medicine. It is important to continue treatment respecting the requisite follow-up visits, so that the homeopath can decide on dose changes, levels of improvement etc. I believe that the extra cost and time involved in homeopathic treatment is more worth it than the inconvenience of carrying around a disease which is forever palliated with “bandaid treatments”. How much money did you spend on prescription drugs last year??? Do the conditions being treated go away? Or as is most often the case, if you stop the medicine, does the condition return? **The cost of drugs and prescriptions which most people use annually, far exceeds the cost of homeopathic treatment overall.\*\*\*\*\*** While there can never be a guarantee of cure, under any system of medical treatment, **there will always be improvement in the whole with homeopathic care.** The body will take care of the specifics in its own time and with continued treatment. **Having said this, in my experience, it is very difficult to treat heavily medicated individuals whose bodies have become dependent on varieties of drugs after years of use.** These people have very unclear symptom pictures because of the masking of the drugs and treatment then becomes very difficult. Each case is approached differently and it is never advisable to make drastic changes in one’s medication regime.

Homeopathic treatment is slow, gentle and respectful of all factors involved in the health picture.

Some patients express fear and concern about telling family doctors that they are seeing a homeopath. **Please be open about this. It is your body and your choice.** I do not know, nor have I read of any instances of patients growing worse under combined medical and homeopathic care. Family doctors can no more comment on homeopathy, than a dentist can about veterinary medicine. They are not trained in this field. Moreover, if more doctors studied this fascinating science, I am convinced that they would realize that there is so much more we can be doing for patients. **I wonder how many doctors know that in the recent Anthrax scare, homeopathy has medicines to treat poisoning from this substance.** What a dreadful waste of worldwide patient treatment potential. **The public must be open to other medical systems for its own health, explore the possibilities available and should only use “the quick fix” approach if desperate.** Homeopathy is a healthier, safer and more efficient form of medical treatment than a system whose drugs regularly post side-effects on television so people will knowingly take these drugs under advisement. The choice today is each of ours to take responsibility for our own health.

**\*\*\*\*\*The cost of initial homeopathic treatment plus monthly visits for six months is under \$600.00. Think about where your money goes and consult a professional to send you on the healthy path.**